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2022 Virtual Caregiver's Conference Listening Series Thursday, July 28th, 6:30 pm – 7:45 pm

“Boundaries or Bust”

Life doesn't happen TO you, life happens THROUGH you. You are constantly creating your own reality with your thoughts, feelings and behaviors.



Guest Presenter Emily Clement, Life Coach

Emily is a soul-searching joy-creator with a raw passion for helping others to shine! As a certified life coach, she has integrated her favorite elements from the best of her life experiences- teaching, counseling, speaking, meeting new people, building community and affecting positive change.

There is no charge for this presentation, but registration is required

Online Registration at <https://coalitionofcaring.org/monthly-listening-series>

**Lead Sponsors: AARP NH, Bureau of Developmental Services,
New Hampshire Family Caregiver Support Program**

For more information contact: Ellen Edgerly, 603-834-9570 or Ellen@bianh.org. Or visit the Coalition of Caring's website at www.coalitionofcaring.org

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